

Connecticut Department of Correction
OFFENDER PROGRAMS & VICTIM SERVICES UNIT

Alphabetic Listing of Programs for P&CSVCS / All Auspices / All Types

Addiction Services – Community Addiction Services - The Early Recovery Skills Group

Description:

The Early Recovery Skills Group is a brief (8 session) intensive outpatient treatment module designed to meet the needs of persons who are newly released to community based supervision, and who have 60 to 90 days remaining on their Transitional Supervision release. It may also be used as an introductory program to the Community Addiction Services Continuing Recovery Skills Group.

Facilities:

PAROLE & COMMUNITY SERVICES

Auspices:

Addiction Services, Community Addiction Services

Types:

Addiction, Re-Entry

Addiction Services – Community Addiction Services – Relapse Prevention Program

Description:

The Relapse Prevention Program is a 10 session, evidenced based, research supported, cognitive-behavioral program designed to help the offender to : (1) Identify dangerous relapse triggers; and (2) Develop a situation specific plan of action to avoid a relapse drift and/or re-enter a recovery focused lifestyle.

Facilities:

PAROLE & COMMUNITY SERVICES

Auspices:

Addiction Services, Community Addiction Services

Types:

Addiction, Re-Entry

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Addiction Services – Community Addiction Services – The Continuing Recovery Skills Group

Description:

The Continuing Recovery Skills Group is an intensive, evidenced based outpatient treatment module designed for individuals released from incarceration to community based supervision, on either Parole or Transitional Supervision status, who have at least 120 days remaining on their assigned release program. Using concepts and components of Hazelden's "Matrix Model," it is designed to address the following key clinical areas: Myths about Alcohol, Relapse Prevention; Behavioral, Emotional and Physical Wellness; Employment and Financial Wellness; Personal and Intimate Relationships.

Facilities:

PAROLE & COMMUNITY SERVICES

Auspices:

Addiction Services, Community Addiction Services

Types:

Addiction, Re-Entry

Addiction Services – Community Addiction Services – Women's Recovery Group

Description:

To address the specific needs of women in recovery the Community Addiction Services Unit uses Stephanie Covington's "Helping Women Recover" program. This gender specific treatment model integrates the theory of addiction, the theory of women's psychological development, and a theory of trauma into an evidenced based, client interactive program which addresses these key clinical areas: self-esteem, sexism, family of origin, relationships, interpersonal violence, sexuality and abuse and meditation and relaxation.

Facilities:

PAROLE & COMMUNITY SERVICES

Auspices:

Addiction Services, Community Addiction Services

Types:

Addiction, Re-Entry
